**Healing Breath Workshop**

[](http://perth.gumtree.com.au/c-ViewAdLargeImage?AdId=223004302)

**Course benefits:** Go to www.Gumtree.com

- breathing techniques to eliminate stress and tension

- skills for improving relationships at home and at work Ad # ID 223004302

- tools to handle your mind and negative emotions

**27th Aug. Friday 6pm-9pm**

**28th-29th Aug. Saturday & Sunday 10am-1pm**

**Venue: Canning River Eco Centre**

**end of Kent Street, Wilson**